



Edith's
dream

Welcome to Edith's dream UK Newsletter 08/17

To provide effective and affordable health care to the people of Mbengwi Cameroon in Africa

Our Vision is to give hope to the less privileged, making a difference in the health of individuals and families living in poverty in Mbengwi and the surrounding villages in Cameroon

Our mission is to save and prolong life as well as increasing health education so people know what to do when they become ill.

In this newsletter, we will update you on:

- Recent Outreach activities/Culture
- Medical equipment bank.
- Inauguration and recent activities of the health centre
- Fund raise/Volunteering for us
- Our future goals.

Welcome to our newsletter

Over the last year, we have made great progress and your kindness is making a difference to the community of Mbengwi and its surrounding villages and towns.

Many thanks to your contributions and donations – in 2016 we raised over £24000 which help with the provision of some medical equipment and the shipping of a four-wheel drive vehicle for patient transfer to hospital and community outreach.

We are very grateful for how the Lord is transforming this work and the generosity from the people of Weston-Super-Mare that has transformed this dream into a reality.

We hope you will continue to support this work and we will welcome you to be part of our volunteers.



Thank you so much from Grace Foundation Trust, Mbengwi.

Outreach Clinics to surrounding villages

A key part of what is done is to go out into the villages and educate, empower and carry out health screening activities. Prevention is better than cure and early consultation/diagnosis saves lives. These are the key factors in the health education. We can beat ignorance by empowering communities in Africa with the knowledge they need to develop and live healthy lives.



Health Education in Zang - Tabi Village ↑



Health Education in Sang Village ↑



Free screenings ↑

Free screenings of high blood pressure, HIV, Malaria and diabetes as well as health education is ongoing. We plan to put health posts in each village which will be a connection between the village communities and the hospital by the time the health centre upgrades to a hospital thus creating a strong affordable and effective health care system for the people.



Culture and Tradition of the people of Mbengwi

Culture and tradition:

Culture and tradition are part of what we do at Grace Foundation Trust Mbengwi.

To be able to educate a community and change the way they think about their health and to assist them in self-sustainability we must take culture into consideration. Through traditional dance organisation and competitions, we pave the way for effective health education and good living standards that promotes good health and independence.

MEDICAL-EQUIPMENT BANK (Medic equip-bank)



This community does not have an x-ray facility nor an ultrasound scan. So many conditions needing x-ray cannot be diagnosed, many children still die at birth sometimes even the mothers lose their lives too. This can be reduced by the provision of an ultrasound machine. We need a microscope for laboratory diagnosis now, urgent need. We welcome all sorts of training materials to keep our nurses and medical team up to date in their practice. The list continues. See our website.

Please **DONATE** for the provision of equipment.

Our Solar plant is doing well. Thanks to Sparkol for making this provision. We just need to upgrade the inverter. Please **donate** to upgrade.



The Solar Plant.



Solar lights in the night

Inauguration of the Health Centre



Edith Focho ↑



HRH Fon Tabi ↑
Fon of Zang-Tabi (Metta Clan Head)



Dr Dogmo ↑
District Medical Officer



Governor making a tour ↑
of the health Centre



It was so wonderful to see how the entire community of Mbengwi, its surrounding villages and towns came together on the 14th of Dec 2016 to appreciate the seed the people of Weston-Super-Mare through Edith's dream UK have planted in their region the Grace Foundation Trust Health centre. This institution was inaugurated by the governor of N/W Region of Cameroon who rated the institution best in the area and advised the trustees to upgrade it to a hospital.

FUND RAISING

African Sunday

We have our big fund day coming in September. Every year in September we have the African fund day. Lots of fun for everybody.

Please join us on September 10th this year and have great fun and contribute to a great cause. We have games, dog show, you can rent a stall and show case and advertise your business, lots of African finger food, tea cakes, bouncy castle, tug of war and many more activities together with African dance to grown the occasion.

HOW YOU CAN HELP OR SUPPORT US

1. Donate medical equipment into our medical equipment (medi-equip-bank) bank.
2. Fundraise for us. You can organise a fund-raising event and make the donation to Edith's dream.
3. We are looking for someone experienced in running charities and who knows how to apply for grants, who can volunteer with us to help take us into the next phase of 5 years plans.
4. Volunteer for us. Join our volunteering team. Register your name and phone no. as a volunteer for Edith's dream and we will only contact you when we need your help.



Volunteering at Grace Foundation Trust, Mbengwi

You are welcome to spend 2 weeks or more
volunteering at the health centre or/and
community

Future needs and goals



Our future needs are huge and our dream is big. Why is this. This is because we are not only providing for the needy and the poor, but we are helping them help themselves and be self-sustaining. Considering the future, because of the work Edith's dream is doing in Mbengwi,

We now have been offered land to build a hospital for the community. The health centre is limited and we have been advised to upgrade to a hospital by the local authority.

Our current structure is not purposely built and still under rental. The space is getting limited for the number of patients.

Above all we plan to get every equipment possible to facilitate diagnosis and treatment in the hospital.

We will also welcome volunteers to go to Cameroon and spend some time in the hospital volunteering or go into the community for out- reach and or staff training.

Please help make this dream come true

Please donate.

We welcome any donation however large or small but a regular donation is particularly helpful as it helps us to plan ahead to meet the monthly commitments of providing this health care.

Regular Giving If you are able to commit to a regular payment, however small, please visit our Website www.edithsdream.org and follow the instructions on the "donate now" page OR setup a standing order using the bank details below.

**Alternatively make a cheque payable to "Edith's Dream" NatWest Bank,
Account Name Edith's Dream UK, Sort code 60-23-32, Account number 81420021.**